CANMORE NORDIC CENTRE PROVINCIAL PARK / ALBERTA

Grassi Lakes route sheet

From Grassi Lakes Day Use to the lakes and back

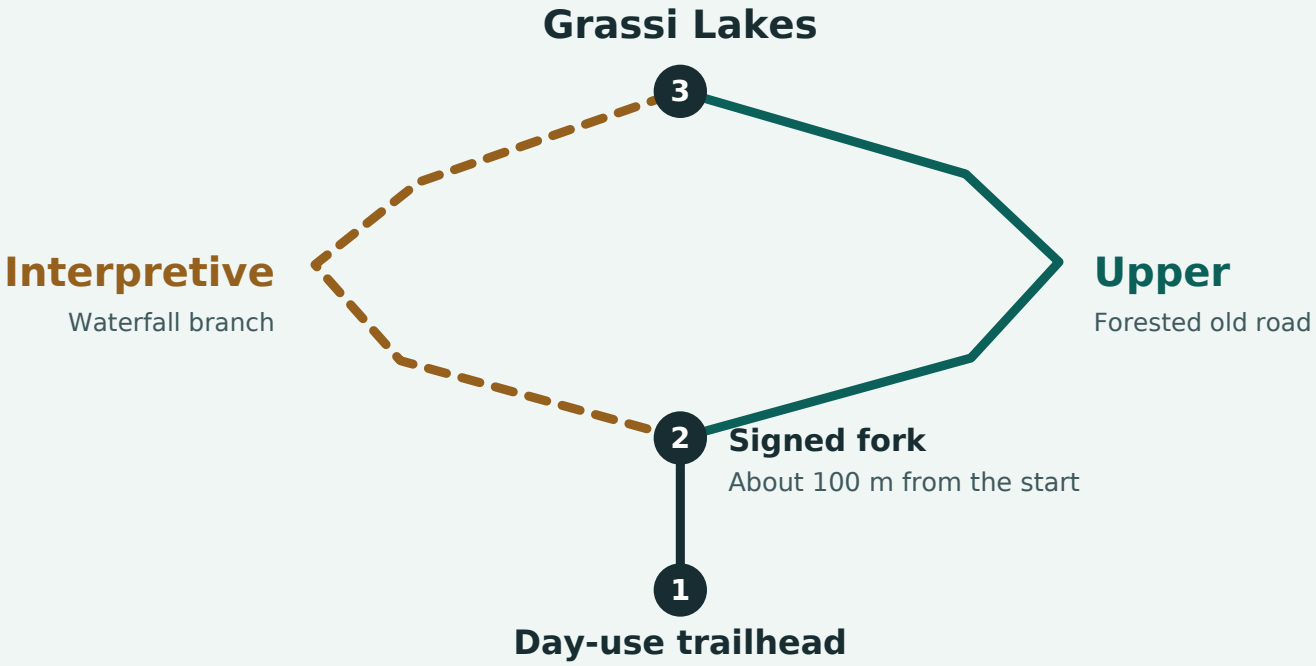
1.9 km
Trailhead to lakes

About 3.8 km
Out and back

Two branches
Same lakes destination

Follow the diagram from bottom to top

SCHEMATIC / NOT TO SCALE



1 Start at the day-use area

Follow the trailhead signs from the designated parking area.
The walking distances start at the trailhead. Allow extra time from overflow parking.

2 Match the fork to today’s conditions

Facing uphill, turn right for the easier Upper trail. The more difficult Interpretive branch is left and climbs a steep section near the waterfall. This branch closes in winter because of unsafe ice flows. Check the current report and posted signs.

3 Return from the lakes

For an out-and-back, retrace your open approach. If Interpretive is closed, use Upper both ways. Keep to designated trails in this wildlife corridor.

Official Alberta Parks area map (PDF)

Current Canmore and Area trail report

This schematic shows decisions, not bearings or precise distances between junctions.

grassilakes.com/printable-map/ | Independent visitor guide